

# SafetyNow Training Compliance Checklist

SafetyNow makes compliance simple. We've mapped out the training that is **legally required** by OSHA (U.S.) and provincial/territorial OHS laws (Canada), plus the **best practices** proven to reduce incidents and workers' comp costs.

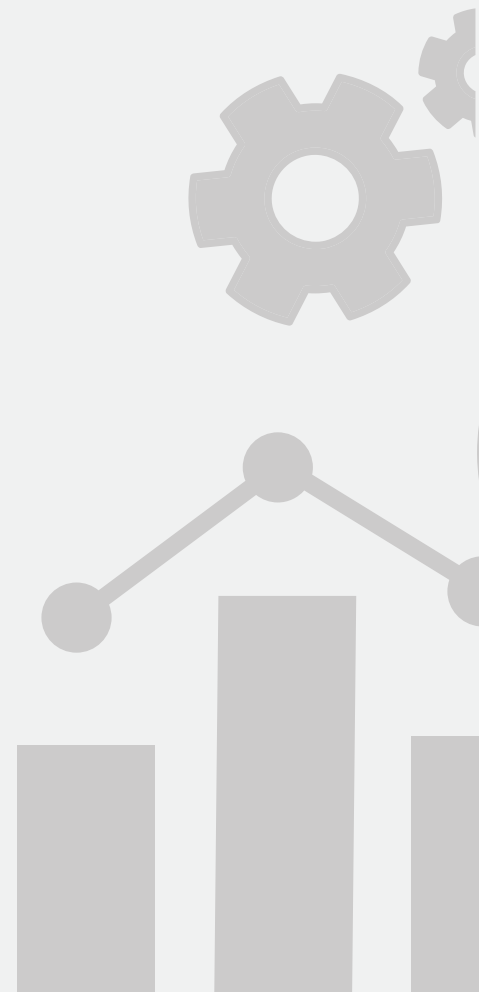
Think of legal compliance as a "C grade" — it means you've just passed. Employers that aim for an "A" go beyond compliance with best-practice training. That's where SafetyNow comes in: we combine the **largest training library** with tools that assign, track, and certify compliance in every jurisdiction.

Do You Know Which Training Is Legally Required?

Let's Find Out...

## OSHA & OHS Required Training for Most Workplaces

- Bloodborne Pathogens (BBP)
- Confined Space Entry (if exposure exists)
- Electrical Safety (lockout, arc flash awareness, safe work practices)
- Emergency Preparedness (fire safety, evacuation drills)
- Fire Extinguishers (use, limitations, PASS method)
- Hazard Communication (OSHA HazCom / Canadian WHMIS-GHS)
- Lockout/Tagout (Energy Isolation; OSHA 1910.147 / CSA Z460)
- Occupational Noise Exposure (Hearing Conservation / CSA Z94.2)
- Personal Protective Equipment (PPE selection, use, maintenance)
- Powered Industrial Truck / Forklift Safety
- Respiratory Protection (OSHA 1910.134 / CSA Z94.4)
- Stairways and Ladders (General Industry / CSA Z11 ladders)
- Walking-Working Surfaces (Fall protection basics, housekeeping)
- Workplace Violence, Bullying & Harassment** (mandatory across all Canadian provinces; required in U.S. states including CA and WA; best practice everywhere else)
- Sexual Harassment Prevention** (mandatory in CA, NY, CT, IL, DE, ME; all Canadian provinces under "harassment" law)



## OSHA & OHS Required Training for Many Workplaces

- Arc Flash (NFPA 70E / CSA Z462)
- CPR / AED (required if no nearby medical facility in U.S.; regulated first aid attendants required in Canada)
- Compressed and Liquefied Gases
- Fall Protection (Construction / CSA Z259 fall arrest systems)
- First Aid (regulated at federal & provincial level in Canada; varies in U.S.)
- Overhead and Gantry Crane Safety
- Powered Platforms, Manlifts & Aerial Lifts (CSA B354)
- Welding / Hot Work (fire watch, permit systems)
- Workplace Signs, Labels & Tags

## OSHA & OHS Required Training for Certain Industries

- Ammonia / Refrigeration Safety
- Asbestos Awareness (U.S. 29 CFR 1926.1101 / Canada: asbestos regulation under provincial OHS codes)
- Benzene
- Beryllium
- Cadmium
- Chlorine Safety
- Concrete & Masonry Safety
- COVID-19 / Infectious Disease Exposure Control (U.S. sectoral / Canada: public health and OHS duty to protect)
- Cranes & Derricks (Construction)
- Crane & Hoist Signaling
- Electric Power Generation, Transmission & Distribution (utility sector)
- Excavation, Trenching & Shoring
- Formaldehyde
- HAZWOPER (U.S. 29 CFR 1910.120; Canada: Emergency Spill & HazMat Response training under provincial OHS)
- Hexavalent Chromium Hazards
- Hydrogen Sulfide (H<sub>2</sub>S) Safety (critical in oil & gas)
- Laboratory Safety (WHMIS, chemical hygiene plans)
- Lead Safety
- Lockout/Tagout (Maritime & industry-specific)
- Mechanical Power Press / Punch Press
- Process Safety Management (U.S.) / Major Hazard Facilities (Canada)
- Radiation Awareness
- Respirable Crystalline Silica (construction, mining)
- Scaffold Safety (OSHA 1926.451 / CSA Z797)
- Stairways and Ladders (Construction)
- Steel Erection Safety
- Traffic Control / Flagger Safety (construction, utilities)
- Water Safety / Lifesaving



## Training Driven by Best Practices (Reduce Injury & Claims)

- Active Shooter / Armed Intruder Response (required in some U.S. states; best practice elsewhere)
- Back Safety & Injury Prevention
- Cold Stress (frostbite, hypothermia prevention)
- Driver Safety (general fleet)
- Commercial Motor Vehicle (CMV) Driver Safety (DOT/FMCSA compliance)
- Flammable Liquids Handling
- Hand & Power Tool Safety
- Heat Stress (required under CA/WA OSHA; best practice elsewhere)
- Indoor Air Quality (IAQ awareness)
- Industrial Ergonomics (material handling, repetitive strain)
- Machine Guarding (OSHA 1910 Subpart O / CSA Z432)
- Material Handling / Rigging (slings, lifting devices)
- Office Ergonomics (DSE, workstation setup)
- PPE for Construction (CSA Z94; OSHA 1926.95)
- Safety Audits & Inspections
- Safety Observations (behavior-based safety)
- Violence in the Workplace (refreshers, scenario training, beyond compliance)
- Welding / Hot Work (construction contexts)
- Mental Health & Addiction Awareness (best practice, emerging legal expectations in Canada)

## What Makes Us Different?

### All-in-One Compliance Library

Covers OSHA, CSA, and every Canadian province/territory.

### Automatic Jurisdiction Matching

Assigns correct training based on location, industry, and job role.

### Beyond Compliance

Includes mental health, ergonomics, and leadership training that reduce injury and costs.

### Proven ROI

Customers see reduced incidents, lower insurance premiums, and improved employee engagement.