

Construction OHS Catalog

Adaptability & Change Management

Construction environments change constantly, from shifting site conditions and timelines to new crews, equipment, and regulatory expectations.

This course helps workers and supervisors understand how change creates risk when communication breaks down or assumptions replace clarity.

Learners will build practical skills to stay focused, adjust quickly, and maintain safe execution during changing conditions. This helps reduce errors, prevent rework, and ensure teams remain productive and compliant even when plans evolve.

SCORM | Updated 1.2026

Asbestos Awareness

Asbestos remains one of the most serious hidden hazards in renovation, demolition, and maintenance work, especially in older buildings where materials may not be clearly identified before work begins. This course helps workers recognize where asbestos may be present and why disturbing it without proper controls can create major health, legal, and operational consequences.

Learners will understand how exposure occurs, what warning signs to look for, and what safe actions to take when asbestos is suspected. This helps reduce worker exposure, support regulatory compliance, and protect the employer from costly violations, project disruption, and long-tail liability.

SCORM | Updated 1.2026

Coaching Skills - Fundamental Coaching Skills

Strong site leaders do more than assign work and correct mistakes. They build capability in the

field. This course helps supervisors and managers develop practical coaching skills that improve performance, accountability, and communication without slowing down production.

Learners will explore how to ask better questions, listen more effectively, and guide workers toward safer and more productive decisions. This helps strengthen frontline leadership, improve crew engagement, and reduce the repeat errors that often lead to incidents, delays, or rework.

SCORM | Updated 1.2026

Confined Space Entry & Rescue

Confined space work remains one of the highest-risk activities in construction because hazards can escalate quickly and rescue becomes extremely difficult once something goes wrong. This course helps workers and supervisors understand what must be in place before entry begins, including hazard assessment, atmospheric testing, isolation, communication, and rescue planning.

Learners will gain a practical understanding of entry permits, role clarity, emergency readiness, and the dangers of unplanned rescue attempts. This helps reduce the risk of catastrophic incidents, improve compliance, and ensure teams approach confined space work with the level of control and discipline it demands.

SCORM | Updated 1.2026

Conflict Resolution

Construction projects put people under pressure, and when conflict is left unmanaged it can quickly affect morale, coordination, safety, and productivity. This course helps workers and supervisors understand how conflict develops on

the job and how to address it before it disrupts the crew or leads to poor decision-making.

Learners will build practical communication skills for resolving disagreements directly, professionally, and constructively. This helps maintain stronger working relationships, reduce tension on site, and support a more controlled, respectful environment where work can continue safely and efficiently.

SCORM | Updated 1.2026

Crane & Rigging Safety

Crane and rigging work carries some of the most severe consequences in construction when loads are not planned, secured, or communicated properly. This course helps workers understand how lifting hazards develop and what controls are required to prevent dropped loads, struck-by incidents, structural damage, and fatalities.

Learners will explore load handling, rigging fundamentals, signaling, lift planning, and the importance of role clarity around heavy lifts. This helps improve coordination, reduce high-severity risk, and ensure lifting operations are executed with the precision and discipline construction managers expect.

SCORM | Updated 1.2026

Critical Thinking and Problem Solving

Construction teams make constant decisions in changing conditions, often under tight timelines and with incomplete information. This course helps workers and supervisors improve how they think through problems, assess risk, and avoid the assumptions or rushed judgment that often lead to preventable mistakes.

Learners will build practical skills in analyzing situations, identifying root causes, and choosing solutions that are both workable and safe. This helps reduce rework, improve field judgment, and strengthen daily decision-making where quality,

safety, and schedule are all on the line.

SCORM | Updated 1.2026

Customer Service for Success

Construction teams do not just build projects. They shape the client experience through communication, responsiveness, professionalism, and how issues are handled in the field. This course helps employees understand how service and conduct influence client trust, repeat business, and the overall reputation of the company.

Learners will explore how to communicate more clearly, respond professionally, and manage difficult situations without creating unnecessary friction. This helps strengthen relationships with clients, inspectors, tenants, and stakeholders while reinforcing the kind of professionalism that supports long-term growth.

SCORM | Updated 1.2026

DEI Series: Creating an Inclusive Workplace

Construction crews are diverse in background, experience, language, and work style, and inclusive teams tend to communicate better, collaborate more effectively, and perform more consistently. This course helps workers and leaders understand how respectful, inclusive behavior contributes directly to stronger culture and safer execution.

Learners will explore how exclusion, bias, and poor communication create friction and unnecessary risk, especially in high-pressure environments. This helps organizations build stronger teams, improve retention, and create a site culture where workers feel respected, heard, and more willing to speak up about hazards or concerns.

SCORM | Updated 1.2026

Digital Literacy for Shop Floor Technology

Construction and field operations increasingly

rely on digital tools for inspections, safety reporting, equipment tracking, task management, and quality control. This course helps workers build confidence using the technology that now supports day-to-day execution, communication, and documentation on site.

Learners will explore how to navigate systems, input information accurately, and use digital tools with less hesitation and fewer mistakes. This helps improve adoption, strengthen reporting quality, and give operations leaders more reliable information from the field when they need it most.

SCORM | Updated 1.2026

Diversify Your Leadership Team

Leadership quality affects safety culture, workforce stability, communication, and long-term performance, and stronger results often come from broader perspectives at the leadership table. This course helps organizations understand why leadership diversity matters and how it strengthens decision-making, succession planning, and credibility across the workforce.

Learners will explore practical ways to identify, develop, and support a wider range of future leaders from within the organization. This helps construction employers build stronger pipelines, improve representation, and create leadership teams that are better equipped to guide a changing workforce.

SCORM | Updated 1.2026

Effective Performance Reviews for Managers

In construction, weak performance discussions often result in repeated issues, inconsistent standards, and poor documentation when problems escalate. This course helps managers conduct more effective performance reviews that support accountability, employee growth, and

better defensibility when difficult decisions need to be made.

Learners will explore how to prepare, document, communicate feedback, and set expectations in a way that is fair, clear, and useful. This helps improve manager consistency, strengthen workforce performance, and reduce the operational and legal risk that comes from vague or poorly handled evaluations.

SCORM | Updated 1.2026

Electrical Safety / Arc Flash Awareness

Electrical incidents can turn catastrophic in seconds, particularly when workers are exposed to energized equipment, temporary power, damaged systems, or tasks they do not fully understand. This course helps workers build stronger awareness of electrical hazards, including arc flash risk, and the controls required to work more safely around electrical exposure.

Learners will understand how electrical injuries happen, what warning signs matter, and what safe behaviors reduce the chance of serious injury or fatality. This helps support compliance, improve hazard recognition, and reinforce safer work practices where electrical risk is present across the site.

SCORM | Updated 1.2026

Elevated Work Platforms / Aerial Lifts

Aerial lifts and elevated work platforms are essential on many jobs, but they introduce serious risks when inspection, positioning, or operating discipline breaks down. This course helps workers understand the hazards tied to working at height in mobile platforms and what is required to operate them safely and consistently.

Learners will explore inspection, stability, overhead awareness, fall prevention, and the operating decisions that reduce incidents in changing site conditions. This helps reduce falls,

tip-overs, struck-by exposures, and equipment misuse while improving control around one of the more visible high-risk tasks on site.

SCORM | Updated 1.2026

Emergency Response & Evacuation Procedures

When an emergency happens on a construction site, confusion and delay can make an already dangerous situation worse. This course helps workers understand what to do during fires, medical events, hazardous releases, structural concerns, and evacuation scenarios so the response is quicker, more controlled, and more effective.

Learners will explore alarms, emergency roles, communication, muster procedures, and the steps required to protect themselves and others under pressure. This helps improve site preparedness, reduce response time, and strengthen confidence that teams know how to act when a real emergency unfolds.

SCORM | Updated 1.2026

Fall Protection

Falls continue to be one of the leading causes of serious injury and death in construction, especially where work is performed near edges, openings, roofs, steel, scaffolds, or elevated platforms. This course helps workers understand fall hazards and the systems, equipment, and planning required to control them before work begins.

Learners will explore hazard recognition, fall protection equipment, anchor considerations, safe access, and the work practices that reduce exposure at height. This helps reduce severe incidents, improve regulatory compliance, and reinforce a stronger safety culture around one of construction's most persistent risks.

SCORM | Updated 1.2026

Fire Extinguisher and Fire Safety

Construction sites contain ignition sources, combustible materials, hot work, and temporary conditions that can allow a small fire to grow quickly. This course helps workers understand both fire prevention and extinguisher use so they can reduce risk before a fire starts and respond more appropriately if one occurs.

Learners will explore fire classes, extinguisher types, safe response limits, and the prevention practices that matter most in active work environments. This helps improve emergency readiness, reduce property damage, and support a safer site where fire hazards are recognized and managed more effectively.

SCORM | Updated 1.2026

First Aid / CPR

Construction work involves tools, equipment, physical demands, and environments where injuries can happen suddenly and without warning. This course gives workers practical awareness of first aid and CPR principles so they understand how to respond in the critical first moments before trained responders or emergency services arrive.

Learners will explore basic response priorities, scene awareness, and the immediate actions that help stabilize an injured or unresponsive person. This helps improve emergency preparedness, strengthen site response capability, and give crews more confidence that they can act effectively when time matters most.

SCORM | Updated 1.2026

Forklift & Telehandler Operation

Forklifts and telehandlers are central to material handling on many projects, but they also create serious risk when loads are unstable, visibility is poor, or operators rush the task. This course helps workers understand the operating hazards

and control measures needed to use this equipment more safely in active construction environments.

Learners will explore inspections, load handling, travel awareness, terrain considerations, and the decisions that reduce collisions, tip-overs, and struck-by incidents. This helps improve equipment discipline, reduce costly incidents, and support safer movement of materials across the site.

SCORM | Updated 1.2026

Hazard Identification & Risk Assessment

Most job site incidents begin with a hazard that was present but not recognized, not communicated, or not controlled in time. This course helps workers and supervisors build stronger habits around identifying hazards and assessing risk before a task begins or conditions change.

Learners will explore how to spot unsafe conditions, evaluate exposure, and choose controls that reduce the likelihood and severity of incidents. This helps improve daily planning, strengthen prevention efforts, and support a more proactive safety culture where risk is addressed earlier.

SCORM | Updated 1.2026

Hearing Conservation

Noise exposure is routine in construction, but hearing damage often happens gradually and permanently before workers fully recognize the cost. This course helps workers understand how loud environments affect hearing and what must be done to reduce long-term damage from repeated exposure.

Learners will explore common noise sources, protection options, and the work practices that support better hearing conservation over time. This helps improve compliance, protect worker

health, and reinforce that hearing loss is a serious but highly preventable occupational issue.

SCORM | Updated 1.2026

Heat Stress & Cold Stress Prevention

Construction work often continues in harsh conditions, and temperature extremes can quietly affect concentration, endurance, coordination, and judgment before workers realize the danger. This course helps workers understand how both heat and cold impact the body and what controls are needed to prevent illness and unsafe performance.

Learners will explore warning signs, hydration, layering, rest, monitoring, and practical prevention strategies for both hot and cold environments. This helps reduce weather-related incidents, protect worker health, and support safer productivity during seasonal and outdoor work.

SCORM | Updated 1.2026

Housekeeping & Slips, Trips, and Falls

Poor housekeeping creates constant low-level hazards that slow work down and lead to some of the most common injuries on site. This course helps workers understand how debris, materials, cords, spills, uneven surfaces, and poor organization create slip, trip, and fall risk throughout the workday.

Learners will explore practical ways to maintain cleaner, safer work areas and identify hazards before someone gets hurt. This helps reduce minor and serious injuries, improve workflow, and reinforce the idea that housekeeping is not cosmetic. It is a basic control that affects overall safety performance.

SCORM | Updated 1.2026

Incident Reporting & Investigation

If incidents are not reported properly or investigated thoroughly, the same conditions often remain in place and the same failures

happen again. This course helps workers and supervisors understand why reporting matters, what information needs to be captured, and how investigations support prevention rather than blame.

Learners will explore incident documentation, root cause thinking, corrective action, and the importance of addressing both unsafe conditions and unsafe assumptions. This helps strengthen safety systems, improve audit defensibility, and ensure incidents become learning opportunities instead of recurring operational problems.
SCORM | Updated 1.2026

Ladder Safety

Ladders are used constantly in construction, but because they are so common they are often treated too casually. This course helps workers understand the specific mistakes that lead to ladder-related incidents, including poor setup, damaged ladders, incorrect selection, and unsafe movement at height.

Learners will explore inspection, placement, angle, access, and usage practices that reduce fall risk and improve safe access during everyday work. This helps cut down on one of the most common categories of site injury while reinforcing better discipline around a tool that is often underestimated.
SCORM | Updated 1.2026

Lockout/Tagout (LOTO)

Unexpected release of hazardous energy can cause crushing injuries, amputations, shocks, and fatalities in a matter of seconds. This course helps workers understand how lockout/tagout controls energy during servicing, repair, maintenance, and equipment intervention, especially where multiple trades or changing conditions create added complexity.

Learners will explore isolation, verification, role clarity, and the procedural discipline needed to prevent equipment from being energized when people are exposed. This helps reduce high-severity incidents, improve compliance, and reinforce a stronger safety culture around one of the most dangerous failure points in the field.
SCORM | Updated 1.2026

Managing Conflict in Meetings

Meetings lose value quickly when conflict dominates the discussion, people shut down, or tension prevents the team from making decisions clearly. This course helps supervisors, managers, and team leads recognize conflict in meetings early and guide the conversation in a way that keeps it productive and controlled.

Learners will explore techniques for redirecting unhelpful behavior, addressing disagreement constructively, and maintaining progress without ignoring real concerns. This helps improve meeting quality, reduce friction across teams, and create stronger communication in environments where time and clarity matter.
SCORM | Updated 1.2026

Managing Conflict with a Coworker

Job site conflict between coworkers can affect communication, trust, morale, and ultimately safe execution if it is left unresolved. This course helps workers understand how to address peer conflict more directly and professionally before it becomes a bigger issue for the crew or the supervisor.

Learners will explore practical communication strategies, ways to de-escalate tension, and methods for focusing on solutions rather than blame. This helps strengthen team relationships, reduce unnecessary disruption, and support a more respectful and productive work environment

on site.

SCORM | Updated 1.2026

Managing Conflict with Your Boss

Disagreement with a supervisor can be difficult to navigate, especially when the stakes involve assignments, expectations, or safety concerns. This course helps employees handle upward conflict more effectively by focusing on preparation, communication, and ways to raise issues without escalating the situation.

Learners will explore how to clarify concerns, manage emotion, communicate respectfully, and keep the conversation centered on outcomes. This helps improve trust, support better upward communication, and reduce the kind of unresolved tension that can undermine site coordination and performance.

SCORM | Updated 1.2026

Managing Different Generations in The Workplace

Construction teams often include workers from multiple generations, each bringing different expectations, communication styles, and experience levels to the job. This course helps leaders and employees understand how generational differences can affect teamwork and how those differences can be managed more constructively.

Learners will explore strategies for reducing misunderstanding, improving communication, and building stronger collaboration across age groups. This helps create a more unified workforce, reduce avoidable friction, and strengthen performance in crews where diverse perspectives need to work together effectively.

SCORM | Updated 1.2026

Managing for Accountability

When accountability is weak on a construction project, deadlines slip, standards drop, and

supervisors spend too much time chasing follow-through. This course helps leaders understand how to create stronger accountability without relying on constant escalation or reactive discipline.

Learners will explore expectation-setting, follow-up, ownership, and the management habits that build more consistent performance across a crew or team. This helps improve execution, reduce repeat issues, and support a site culture where responsibilities are clearer and performance is more dependable.

SCORM | Updated 1.2026

Mastering 6S Lean

On construction projects, disorder creates waste, delays, quality issues, and safety exposures that are often treated as normal when they should be treated as preventable. This course helps workers and leaders understand how 6S Lean improves organization, workflow, hazard control, and efficiency through a more disciplined approach to the workplace.

Learners will explore each step of 6S and how it supports cleaner work areas, clearer standards, and better visual control in active environments. This helps improve site organization, strengthen safety performance, and build the kind of operational discipline that reduces both risk and inefficiency.

SCORM | Updated 1.2026

Personal Protective Equipment (PPE)

On construction sites, workers are routinely exposed to hazards that cannot always be designed out or eliminated entirely, which makes PPE a critical last line of defense. This course helps workers understand what PPE is required, why it matters, and how improper use, poor fit, or inconsistent wear leaves them exposed.

Learners will explore how to select, inspect, wear, and maintain PPE correctly based on task and hazard. This helps improve compliance, reduce preventable injury, and reinforce the practical understanding that PPE only works when workers use it properly and consistently.

SCORM | Updated 1.2026

Scaffolding Safety

Scaffolding is widely used in construction, but when erection, loading, inspection, or use are not properly controlled, the results can be severe. This course helps workers understand the hazards associated with scaffold systems and the safe practices needed to reduce falls, collapses, and dropped-object incidents.

Learners will explore load limits, access, stability, inspection, and the warning signs that scaffolding may be unsafe to use. This helps strengthen work-at-height safety, support compliance, and ensure crews use scaffold systems with the awareness and caution they require.

SCORM | Updated 1.2026

Silica Dust Awareness

Silica dust exposure is a major long-term health hazard in construction and often occurs during tasks workers consider routine, such as cutting, grinding, drilling, or sweeping. This course helps workers understand where silica exposure happens, why it matters, and what practical controls are needed to reduce the risk.

Learners will explore common silica-generating activities, health consequences, and safer work practices including suppression, ventilation, and protection. This helps improve compliance, reduce chronic exposure, and support better planning around one of construction's most serious occupational health risks.

SCORM | Updated 1.2026

Stress Management

Construction work can create sustained stress through deadlines, physical demands, labor shortages, uncertainty, and the pressure to keep projects moving. This course helps workers and leaders recognize how stress affects focus, communication, judgment, and well-being long before it becomes an obvious performance problem.

Learners will explore practical strategies for managing pressure, recognizing warning signs, and building more effective coping habits. This helps improve resilience, reduce burnout risk, and support safer, steadier performance in environments where mental strain is often overlooked but highly consequential.

SCORM | Updated 1.2026

Substance Use & Impairment Awareness

Impairment on a construction site increases the risk of injury, equipment incidents, poor judgment, and unsafe decisions that affect more than just one person. This course helps workers and supervisors understand how substance use and other forms of impairment affect safety, performance, and team reliability.

Learners will explore warning signs, workplace responsibilities, and the importance of speaking up and responding appropriately when impairment may be present. This helps protect crews, support a safer work environment, and reinforce the expectation that fitness for duty is essential on any active site.

SCORM | Updated 1.2026

Teamwork and Culture - Quick Course

In construction, strong teamwork directly affects coordination, schedule, quality, and safety. When people communicate poorly or operate in silos, mistakes and tension increase. This course helps workers understand how daily interactions shape

the culture of the site and influence how effectively the team performs.

Learners will explore how communication, respect, and accountability strengthen collaboration and reduce avoidable friction in the field. This helps create a more dependable crew environment where people work better together, respond more effectively to challenges, and contribute to a stronger overall safety culture.
SCORM | Updated 1.2026

Time Management

Construction work runs on deadlines, sequencing, and coordination, which means poor time management can quickly affect quality, safety, and schedule performance. This course helps workers and supervisors understand how to prioritize better, stay organized, and avoid the rushed decisions that often lead to mistakes or rework.

Learners will explore practical strategies for planning tasks, managing competing priorities, and working more efficiently without sacrificing safety. This helps improve execution, reduce unnecessary stress, and support stronger day-to-day performance in fast-moving project environments.
SCORM | Updated 1.2026

Tool and Equipment Safety

Tools and equipment are used constantly on construction sites, which is exactly why workers can become complacent about the risks they present. This course helps workers understand how improper use, poor maintenance, damaged equipment, or rushed handling leads to injury, downtime, and avoidable operational disruption.

Learners will explore inspection practices, handling techniques, and the work habits that support safer and more reliable use of the tools they depend on every day. This helps reduce

incidents, extend equipment life, and reinforce a stronger safety mindset around routine but high-frequency exposures.

SCORM | Updated 1.2026

Traffic Control / Flagger Certification

Traffic control work places employees close to moving vehicles, changing traffic patterns, and drivers who may not react as expected. This course helps flaggers and traffic control personnel understand how to position themselves, communicate clearly, and maintain safer control of the work zone in dynamic conditions.

Learners will explore signaling, visibility, hazard awareness, and the field decisions that reduce risk for both workers and the public. This helps improve work zone safety, support certification requirements, and reinforce more confident performance in one of the most exposed roles on a project.

SCORM | Updated 1.2026

Trenching & Excavation Safety

Trenching and excavation work can become fatal in seconds when soil conditions, protective systems, access, or inspections are not properly managed. This course helps workers and supervisors understand the hazards associated with trenching and what must be controlled before anyone enters an excavation.

Learners will explore cave-in risks, protective systems, spoil placement, inspections, and the site conditions that increase exposure. This helps reduce one of the most severe construction risks, improve regulatory compliance, and ensure excavation work is approached with the seriousness it demands.

SCORM | Updated 1.2026

WHMIS / Hazard Communication

Construction sites involve coatings, fuels,

adhesives, solvents, cleaners, and other products that can create serious exposure risk when workers do not understand what they are handling. This course helps workers understand WHMIS and hazard communication so they can interpret labels, pictograms, and safety data sheets more confidently and use products more safely.

Learners will explore what chemical hazard information means in practice, what their rights and responsibilities are, and how to respond more effectively when hazardous products are present. This helps improve compliance, reduce exposure, and support a safer approach to chemical handling across the site.

SCORM | Updated 1.2026

Workplace Professionalism

Construction performance depends not only on technical ability, but also on how people communicate, show accountability, and represent the company on site. This course helps workers understand what professionalism looks like in a construction setting where deadlines are tight, crews are diverse, and conduct affects both culture and client confidence.

Learners will explore expectations around communication, reliability, respect, and behavior under pressure. This helps improve teamwork, reduce unnecessary conflict, and reinforce a stronger site culture where professionalism supports safer, smoother, and more credible project execution.

SCORM | Updated 1.2026

Workplace Violence & Harassment Prevention

Violence, harassment, threats, and aggressive behavior create serious personal, legal, and operational risk on construction projects, particularly where stress is high and crews work closely together. This course helps workers and

leaders understand what behaviors cross the line, how warning signs appear, and what must happen when concerns arise.

Learners will explore reporting, prevention, response expectations, and the role everyone plays in maintaining a safer and more respectful work environment. This helps strengthen compliance, reduce exposure, and support a site culture where workers are more willing to speak up before serious problems escalate.

SCORM | Updated 1.2026

Writing Effective Emails

Construction teams rely heavily on email for instructions, documentation, coordination, scheduling, and issue escalation, yet poor email communication often creates confusion, delay, and avoidable back-and-forth. This course helps employees write clearer, more useful emails that improve understanding and support faster decision-making.

Learners will explore how to structure messages, improve tone, make requests clearer, and communicate with greater professionalism and precision. This helps reduce misunderstandings, improve coordination across teams and stakeholders, and strengthen one of the most common communication channels used in construction operations.

SCORM | Updated 1.2026