

Safety & Compliance Catalog

Absences from the Workplace

Upon completing this course, learners will be able to identify laws for employee absences, recall FMLA requirements, and requirements for advance notice, medical certification, returning to work and provisions for job benefits and job protection.

SCORM | Updated 10.2025

Active Shooter Awareness: Prevent Tragedy

This course focuses first on prevention, then on personal safety, and finally on recovery and support. At every stage, the goal is to reduce harm, not dramatize risk.

SCORM | Updated 10.2025

Arc Flash CSA Z462

Arc flash refers to the flash of light and heat that is created when energy is released between a live conductor and another conductor or the ground. This course covers the hazards associated with arc flash, protective measures, PPE and more based on the CSA Z462 standard.

SCORM | Updated 10.2025

Basic Respiratory Protection

By the end of this lesson employees will know types of respiratory hazards and possible health effects, ways to minimize or eliminate hazards, qualifications for respirator use, types of respirators, selecting the right one, and proper respirator care.

SCORM | Updated 10.2025

Being an Effective Team

In this course, we'll explore what makes a team truly effective. Whether you're leading a group or working alongside others, these simple principles will help you work smarter, collaborate better, and

achieve more together.

SCORM | Updated 10.2025

BETTER BUSINESS: Hiring for Managers

By improving your initial hiring skills, you can help avoid costly mistakes, and increase company success overall. This course discusses proven ways to find and retain the best candidates, from determining job requirements through onboarding new hires.

SCORM | Updated 10.2025

BETTER BUSINESS: Management Basics

This training will help you learn managerial skills needed to create work efficiencies, set appropriate goals and expectations for yourself and your team, delegate responsibilities, manage your time, and provide appropriate feedback.

SCORM | Updated 10.2025

Body Mechanics for Home Health Care Workers

In this session, we'll talk about what body mechanics are, why they matter, share some stories and stats, and give you practical tips for staying safe on the job. Let's get started.

SCORM | Updated 10.2025

California Sexual Harassment Prevention - Part 02 - Managers

State regulations define sexual harassment as unwanted sexual advances, or visual, verbal or physical conduct of a sexual nature. This definition includes many forms of offensive behavior and includes gender-based harassment of a person of the same sex as the harasser. This course will cover important information for employees including What is Harassment in California, the Fair Employment and Housing Act, Title VII Civil Rights Act, the Ralph Act,

Discrimination, What Constitutes Sexual Harassment and much more.

SCORM | Updated 10.2025

Compressed Gas Safety

After completion, employees will be able to identify compressed gas cylinder hazards, recall practices to safely using compressed gas cylinders and their components, and identify safe methods of moving and storing compressed gas cylinders.

SCORM | Updated 10.2025

Connecticut Sexual Harassment for Supervisors and Employees - 2 hour CHRO

This 2-hour course covers sexual harassment prevention training for supervisors and employees. Videos sourced from the CHRO (Commission on Human Rights and Opportunities) state of Connecticut covers Sexual Harassment at Work, Sexual Harassment Laws, Best Practices, The Changing World of Sexual Harassment Claims, Filing a Complaint and finishing it off with a Round Table discussion.

SCORM | Updated 10.2025

COVID-19

SCORM | Updated 10.2025

COVID-19 Masks, Coverings, and Respirators

This lesson covers the differences between face masks, face coverings, and respirators, such as the N95 mask. The lesson also provides an awareness of an employer's responsibilities for respirator use in the workplace.

SCORM | Updated 10.2025

Crane Operator Hand Signals

Crane operators spend their working days in a small cab, which may be suspended hundreds of

feet above the ground and are responsible for safely lifting and moving heavy loads in various environments. This course will cover basic hand signals and working safely around cranes.

SCORM | Updated 10.2025

Critical Thinking and Problem Solving

This course will explain why we need to use critical thinking and problem solving skills to use every day.

SCORM | Updated 10.2025

De-escalation Techniques for Workplace Conflicts

Learning to de-escalate conflicts is crucial for preventing potentially dangerous situations from escalating. The fact of the matter is that Workplace violence can have severe consequences, including physical harm, psychological trauma, and negative impacts on workplace morale and productivity. This course will cover how to effectively manage and resolve conflicts before they escalate, you can contribute to a safer, more secure work environment.

SCORM | Updated 10.2025

Developing Emotional Intelligence - HR Course

Emotional intelligence is the ability to recognize your emotions, understand what they're telling you, and realize how your emotions affect people around you.

SCORM | Updated 10.2025

DOT Hazmat: Driver and Carrier Responsibilities

The purpose of the course is to provide individuals who are involved with the transportation of hazardous materials with an awareness-level understanding of driver and carrier responsibilities to ensure safe hazardous materials transportation. 4 of 5

SCORM | Updated 10.2025

DOT Hazmat: Identifying Hazardous Materials

Our DOT Hazardous Materials General Awareness program consists of five lessons offering the required DOT training that protects lives in high risk work environments, particularly those involving transporting hazardous materials. This course will teach you how to identify hazardous materials.

SCORM | Updated 10.2025

DOT Hazmat: Packaging Hazardous Materials

Our DOT Packaging Hazardous Materials course will cover the steps for packaging a hazardous material, how to select appropriate hazardous materials packaging and how to determine and prepare required hazardous materials identifiers, including labels, markings, placards, and shipping papers.

SCORM | Updated 10.2025

Emergency Eyewashes and Safety Showers: A Deep Dive into Preparedness

This course will cover how important knowing where your companies eyewash or safety shower is, how they work, how to use them and what to do after.

SCORM | Updated 10.2025

EPCRA - Emergency Planning and Community Right-to-Know Act

Upon completion, learners will be able to identify the origin and goals of EPCRA and recognize the reporting requirements for: emergency planning, emergency release, SDS submissions, chemical inventory reporting, and toxic chemical release reporting.

SCORM | Updated 10.2025

ESSENTIAL 29: Aerial and Scissor Lift Safety

Operating aerial lifts safely requires preventive maintenance and conditioning of machinery, as well as a lot of considerations before even turning

on the key, because the majority of aerial lift accidents happen because of a lack of training or inattention.

SCORM | Updated 10.2025

ESSENTIAL 29: BBP - Bloodborne Pathogens

This course teaches employees how to identify common bloodborne pathogens in the workplace, how they are transmitted, engineering and work practice controls used to prevent contact with, and infection from, body fluids, and what to do if exposure occurs.

SCORM | Updated 10.2025

ESSENTIAL 29: Confined Space Entry - Permit Required

Upon completion, learners will be able to identify characteristics, examples, and hazards of confined spaces, differences between permit-required and non-permit-required confined spaces, and requirements of a permit-required confined space entry program.

SCORM | Updated 10.2025

Essential 29: Drug and Alcohol-Free Workplace - Canada

The costs of substance abuse are high. Upon completion, the learner will be able to identify issues of substance abuse, signs and symptoms of substance abuse, best practices for internal reporting, and requirements for a Drug-Free Workplace program.

SCORM | Updated 10.2025

ESSENTIAL 29: Electrical Safety

To enable employees to reduce workplace accidents involving electricity by learning to identify electrical hazards, take proper control measures and follow safe work practices, and response actions in the event of shock or fire.

SCORM | Updated 10.2025

ESSENTIAL 29: Fall Protection - Construction

The construction industry has an average of over 360 fatal falls per year. The purpose of this course is to bring awareness to fall hazards and the proper use of Fall Protection, Work Positioning, Fall Restraint, and Fall Arrest systems.

SCORM | Updated 10.2025

ESSENTIAL 29: Fire Safety

This course covers, the elements and dangers of fire, regulatory requirements for fire prevention plans, housekeeping guidelines for fire prevention, emergency exits and their components, and actions to take in response to a fire alarm.

SCORM | Updated 10.2025

ESSENTIAL 29: GHS Hazcom - Hazard Communication

This course details the purpose of a hazard communication program and Safety Data Sheets, physical and health hazards of chemicals, labels and warnings used to identify chemical hazards, and information and training that should be supplied by an employer.

SCORM | Updated 10.2025

ESSENTIAL 29: Heat Stress

After completing this course learners will be able to identify heat related hazards, types of heat illnesses (heat stroke, heat exhaustion, heat rash, etc.), symptoms and treatment of heat related illnesses and how to protect against heat stress.

SCORM | Updated 10.2025

ESSENTIAL 29: LOTO - Lockout-Tagout

Workers injured on the job from exposure to hazardous energy lose an average of 24 workdays for recuperation. This course covers the purpose of LOTO, locks and tags and their use, and the differences between authorized, affected and

other employees.

SCORM | Updated 10.2025

ESSENTIAL 29: Materials Handling

This lesson will discuss techniques and methods that can be implemented in any workplace to reduce the risk of back pain. Materials handling is fundamental and can't be avoid, but with the proper skills it doesn't have to be a workplace hazard.

SCORM | Updated 10.2025

ESSENTIAL 29: Powered Industrial Truck Safety

This course focuses on the safe operation of Powered Industrial Trucks. This training is designed for operators, supervisors, and employees where PITs are used. It helps drivers identify safe/unsafe operating behaviors and hazardous conditions.

SCORM | Updated 10.2025

ESSENTIAL 29: Sexual Harassment Prevention for Employees

This course covers the two main types of sexual harassment - quid pro quo and hostile work environment, rights and responsibilities of employees and employers, how to recognize harassing behaviors, reporting harassment, and prevention strategies. It is geared towards employees.

SCORM | Updated 10.2025

ESSENTIAL 29: Struck-by and Caught-Between

Struck-by and caught between injuries are one of the top four causes of fatal injuries in the construction industry. Over half of the injuries in the oil and gas industry are caused from struck-by and caught-between incidents. Workers in the manufacturing sector also face struck-by and caught between hazards from the machines and equipment they work with and around. This course will cover common struck-by and caught-

between hazards and strategies for preventing incidents and injuries.

SCORM | Updated 10.2025

ESSENTIAL 29: Violence in the Workplace

Workplace violence can occur at the workplace or anywhere a job takes an individual, and can also range from threats and verbal abuse to physical assaults and murder.

SCORM | Updated 10.2025

Excavation, Trenching, and Shoring Safety

Trenching and excavation work kills 50+ workers annually. Employees will learn to identify excavation and trenching hazards and safe work practices and protective systems, as well as recall cave-in protection requirements designed to keep workers safe.

SCORM | Updated 10.2025

Fire Warden Training

This course covers the proactive and reactive duties as a Fire Warden. It will cover when it is and isn't safe to fight a fire and how to use the various types of fire extinguishers accordingly.

SCORM | Updated 10.2025

First Aid: Medical Emergencies

The purpose of this course is to educate employees on how to appropriately respond to medical emergencies such as respiratory distress, diabetes, hypoglycemia, seizures, fainting and stroke.

SCORM | Updated 10.2025

First Aid: Soft Tissue Injuries

This course covers how to respond to trauma related soft tissue emergencies including cuts, puncture wounds and impaled objects injuries, burn injuries and electrical injuries.

SCORM | Updated 10.2025

Forklift Operator: Safe Driving Practices

This course covers safe driving practices for forklift safely, including how to recognize hazardous driving conditions, safe practices for working around pedestrians, and safe work practices on loading docks.

SCORM | Updated 10.2025

Formaldehyde Safety: Staying Safe Around a Hidden Hazard

This course will cover what formaldehyde is, why it's used, what it does to your body, and—most importantly—how to protect yourself.

SCORM | Updated 10.2025

FUNDAMENTAL 55: Asbestos Hazard Awareness - Canada

Asbestos is an incredibly dangerous material that has caused thousands of deaths. In this course, learners will be trained to understand the dangers of exposure and inhalation of asbestos as well as how to minimize exposure of the toxic material.

SCORM | Updated 10.2025

FUNDAMENTAL 55: Chemical Safety

This course covers hazards common to handling and use of chemicals, methods for gauging chemical exposure and protecting against exposure, safe practices for chemical storage and waste disposal, and emergency response to chemical spills.

SCORM | Updated 10.2025

FUNDAMENTAL 55: Computer Security

The technology you use at work is subject to threats and cyberattacks. This course covers methods to protect software and data, approaches to ensuring security when online and best practices for password protocol.

SCORM | Updated 10.2025

FUNDAMENTAL 55: Flammable Liquid Safety

This course will cover flammable liquid safety

including emergency evacuation, Use of portable fire extinguishers, spill response procedures, use, handling practices, procedures (including storage and transfer), area limitations such as no-smoking rules, open-flame rules, etc., ventilation systems, housekeeping procedures and special concerns.

SCORM | Updated 10.2025

FUNDAMENTAL 55: Hand Safety

The hands are involved in almost everything a worker does. To prevent injuries workers must be able to identify hand hazards, understand how to prevent hand injuries, and know the different types of hand protection and when to use them.

SCORM | Updated 10.2025

FUNDAMENTAL 55: Incident Investigation

This course covers the purpose and benefits of incident investigations and investigation methods, as well as common practices for information gathering and documentation, and tools for determining root cause and implementing corrective actions.

SCORM | Updated 10.2025

FUNDAMENTAL 55: Introduction to Radiation Safety

There is always a risk of damage to cells or tissue from being exposed to any amount of ionizing radiation. This course will go over what radiation is, how much is dangerous and safety practices.

SCORM | Updated 10.2025

FUNDAMENTAL 55: Lead Awareness

Almost 95% of elevated blood lead levels among adults are work-related. Upon completion, you will recall hazards and health effects of lead exposure, ways to determine if there is lead in your workplace, and how to control lead exposure.

SCORM | Updated 10.2025

Fundamental 55: Office Ergonomics

Learning about ergonomics can prevent injury. This course explains why ergonomics helps prevent office injuries, provides ideas and procedures to prevent pain or injury, and describes strategies for the office to be more ergonomic.

SCORM | Updated 10.2025

FUNDAMENTAL 55: Preventing Workplace Harassment

We'll walk you through the basics and also share resources available to you if you feel like you've been a victim of harassment on the job. So don't panic, we'll help you know what to do to protect yourself and keep your workplace welcoming - to everyone.

SCORM | Updated 10.2025

FUNDAMENTAL 55: Safety Awareness

From tripping hazards to ergonomics, you may be the only person that sees potential hazards in your work environment. This course walks through ways you can help keep your workplace safe and prepare for emergencies.

SCORM | Updated 10.2025

FUNDAMENTAL 55: Spill Prevention, Control, and Countermeasure Plan

This course covers the harmful effects of spilled oil and regulations for oil pollution prevention. The purpose and requirements of a SPCC Plan, procedures to prevent spills, and measures for stopping a spill from reaching the environment.

SCORM | Updated 10.2025

Fundamental First Aid Training

SCORM | Updated 10.2025

Goal Setting

In this course, you'll learn how to set effective professional goals, create actionable plans, and

hold yourself accountable—all to help you thrive in your career.

SCORM | Updated 10.2025

Hand Safety

This course will cover the associated with working with your hands. This includes hazards to the hands, the degree of injury possible and prevention.

SCORM | Updated 10.2025

Hazard Communication and Health Hazards - Construction

Thousands of workers are harmed each year from chemical exposure. This course helps employees explain the purpose and of the Hazard Communication Standard, identify chemical hazards, and read and understand SDS's, chemical labels and symbols.

SCORM | Updated 10.2025

Hours of Service - Canada

Every federally regulated carrier and trucker must comply with the HOS rules. This course will cover what Hours of Service is, responsibilities, rules and requirements, off-duty information and regulations in Canada.

SCORM | Updated 10.2025

Housekeeping: Slips, Trips and Falls Facts Prevention

Housekeeping/Slips, Trips & Falls A construction site can become a very messy place. But, the longer it stays that way, the more dangerous it becomes. This video outlines the connection between good housekeeping and injury prevention, especially slips, trips & falls. Common trip and fall hazards are shown and the root causes are examined for maximum impact.

SCORM | Updated 10.2025

Human Trafficking - California

In this course written for the state of California,

we'll explore the definition of human trafficking, identify the signs of potential trafficking victims, and understand its impact on the hospitality and dining sectors. We'll discuss the steps to take if you suspect trafficking activities in your workplace. For managers, specific preventative measures will be outlined to combat human trafficking within your establishments.

SCORM | Updated 10.2025

Human Trafficking - Texas

In this course written for the state of Texas, we'll explore the definition of human trafficking, identify the signs of potential trafficking victims, and understand its impact on the hospitality and dining sectors. We'll discuss the steps to take if you suspect trafficking activities in your workplace. For managers, specific preventative measures will be outlined to combat human trafficking within your establishments.

SCORM | Updated 10.2025

Hydrogen Sulfide H2S Awareness

In this course you'll learn about the chemistry of Hydrogen Sulfide and how it is formed, the properties and characteristics of the gas, where Hydrogen Sulfide is likely to be located in your workplace, the potential health hazards of short term and long term H2S exposure, how to work safely with Hydrogen Sulfide and emergency response steps to take should you or a co-worker be exposed to this gas.

SCORM | Updated 10.2025

Incident and Accident Investigation for Supervisors and Managers

This course for managers and supervisors, covers the purpose and benefits of incident investigations and investigation methods, as well as common practices for information gathering and documentation, and tools for determining

root cause and implementing corrective actions.
SCORM | Updated 10.2025

Incident Investigations - Figuring Out What Really Happened - French

This course walks you through how incident investigations actually work in real workplaces, and what your role is in making them effective. (French Version)
SCORM | Updated 10.2025

Indoor Air Quality: Breathing Easier at Work

Poor IAQ doesn't just make people uncomfortable—it can make them sick, hurt productivity, and even cause long-term health problems. This course will cover what it is, what affects it, and how to make it better.
SCORM | Updated 10.2025

Industrial Laser Safety Part 2 - Components

Part two of this five-part course will cover industrial laser components from lasing medium to using a laser to pump another laser.
SCORM | Updated 10.2025

Industrial Laser Safety Part 4 - Safety

Part four of this five-part course will cover the safety aspect of industrial laser use including hazard factors, electrical hazards, eye hazards and more.
SCORM | Updated 10.2025

Infectious Illness Prevention and Control

In this course, you will learn about infectious illnesses, how they spread, and how you can prevent transmission at your work site. Keep watching to understand what an infectious illness is, who is susceptible to transmitting the bacteria in these illnesses, and how you can control and prevent the spread of these diseases to protect your employees, customers, and visitors.
SCORM | Updated 10.2025

Introduction to Benzene Hazards: A Deep Dive into Safety

Benzene is subtle, invisible, and its most devastating effects often show up years later. This course will take a deep dive into benzene: what it is, where it hides, what it does to your body, and how we can protect ourselves.
SCORM | Updated 10.2025

Introduction to Hexavalent Chromium Hazards

This course will explore what hexavalent chromium is, where you're likely to encounter it, what it does to the body, and how to protect yourself every time you're around it.
SCORM | Updated 10.2025

Intro to Loading Dock Safety

This course is all about loading dock safety: understanding the risks, the human stories behind accidents, and the habits that keep you safe when everything around you is moving at high speed.
SCORM | Updated 10.2025

Intro to Pressure and Power Washer Safety

Pressure washers are powerful tools capable of serious harm when not used safely. This course will cover why they are dangerous and safe work practices.
SCORM | Updated 10.2025

Intro to Silica Hazards

Silica is one of the most common hazards on a worksite, particularly in the construction, oil and gas, manufacturing, and agriculture industries. This course will increase employee awareness of this hazard including tips on how to reduce risk of exposure.
SCORM | Updated 10.2025

Intro to Spray Finishing Hazards

This course will cover what spray finishing is, the hazards associated with it, controls and

ventilation and more.

SCORM | Updated 10.2025

Intro to Spray Finishing Hazards - Spanish

This course will cover what spray finishing is, the hazards associated with it, controls and ventilation and more. (Spanish Version)

SCORM | Updated 10.2025

Ladder Safety Training - Video

Ladders are used at home and the workplace. People who use them at home often do not use ladders in the workplace; rules at home are often more relaxed than in the workplace. Using a ladder improperly causes many accidents resulting in injuries and even death.

SCORM | Updated 10.2025

LOTO Lockout Tagout - Energy

Workers injured on the job from exposure to hazardous energy lose an average of 24 workdays for recuperation. This course covers the purpose of LOTO, locks and tags and their use, and the differences between authorized, affected and other employees. (Energy Industry)

SCORM | Updated 10.2025

LOTO Lockout Tagout - Municipality

Workers injured on the job from exposure to hazardous energy lose an average of 24 workdays for recuperation. This course covers the purpose of LOTO, locks and tags and their use, and the differences between authorized, affected and other employees. (Municipality Industry)

SCORM | Updated 10.2025

Managing Different Generations in The Workplace - HR Course

Get strategies for ensuring that members of all generations can work together in harmony.

SCORM | Updated 10.2025

Micro-Course: How to Clean to Prevent Coronavirus

During this pandemic, there is a transmission risk in all workplaces. You can reduce this risk by following good cleaning and sanitation practices. Take this quick course to learn effective strategies to reduce transmission risk in your workplace.

SCORM | Updated 10.2025

Micro-Course: What Is and Isn't COVID-19

In this quick course, you can expect to learn about the symptoms and nature of COVID-19 to reduce the risk of transmission spread and protect everyone.

SCORM | Updated 10.2025

Mobile Elevating Work Platforms: Aerial and Scissor Lift Safety

By the end of this course, you'll understand the risks of working with mobile elevating work platforms, or MEWPs for short, and you'll know how to protect yourself and your coworkers from becoming the next story told in a safety meeting.

SCORM | Updated 10.2025

Mobile Elevating Work Platforms: Aerial and Scissor Lift Safety - Spanish

By the end of this course, you'll understand the risks of working with mobile elevating work platforms, or MEWPs for short, and you'll know how to protect yourself and your coworkers from becoming the next story told in a safety meeting. (Spanish Version)

SCORM | Updated 10.2025

Mobile Ladder Safety - French

This course will cover the hazards of mobile ladders, why they're more dangerous than people think, and how to use them safely. (French Version)

SCORM | Updated 10.2025

New & Young Worker Safety Awareness

Workers of all ages can be injured at work, but young and new workers may be more at risk. Injuries can result from inadequate training, orientation, and supervision; inexperience; and lack of awareness of workplace rights and responsibilities. This course will review risks, rights and responsibilities and refusing unsafe work.

SCORM | Updated 10.2025

Occupational Health And Safety Awareness For Supervisors in 5 Steps

Provided by the Ontario Ministry of Labour, the health and safety awareness in 5 steps online module provides an overview of your rights and responsibilities under the Occupational Health and Safety Act.

SCORM | Updated 10.2025

Office Ergonomics Safety Video

This video shows how to properly position chairs, mouse, monitor, keyboard and covers general ergonomic principles so employees will have a better understanding of how to prevent ergonomic injuries. The video explains proper hand, arm, feet, and leg positions while working at a computer. Steps that can be taken to reduce ergonomic related hazards are discussed in detail.

SCORM | Updated 10.2025

OH&S Legislation in Canada - Three Rights of Workers

You have the right to refuse unsafe work if you have reasonable cause to believe that to do so would create an undue hazard to the health and safety of any person. The procedure for refusal is outlined in Section 3.12 of the OH&S Regulation.

SCORM | Updated 10.2025

OSHA: Back Safety and Injury Prevention Overview

There's incredibly good reasons to keep the back of your workforce by providing the proper personal protective equipment (PPE) to avoid injuries, and training employees in safe lifting techniques.

SCORM | Updated 10.2025

OSHA: Bloodborne Pathogens Overview

In the workplace, transmission is usually through injuries from contaminated sharp objects that penetrate the skin, such as needles, knives, broken glass, or from splashes into the mucous membranes of your eyes, nose, or mouth, or through exposed openings or abrasions in the skin from scratches, cuts, bites, or wounds.

SCORM | Updated 10.2025

OSHA: Chemical Safety Overview

Each day you work with industrial chemicals, there is a high-risk work environment. Although chemicals are a broad category, almost always the substances we're talking about are unpredictable, unstable, and dangerous when handled unsafely. Chemicals can be composed of organic or inorganic compounds that are not naturally occurring in the environment, which is why they pose some danger.

SCORM | Updated 10.2025

OSHA: Confined Space Entry - Permit Required Overview

Confined spaces in the workplace are defined as enclosed or partially enclosed spaces of a size such that employees can squeeze entry for performing assigned work through a narrow opening; they're cramped, tight spaces. Typically, you will only enter these areas to perform specific tasks before barricading them to prevent unauthorized access.

SCORM | Updated 10.2025

OSHA: Driver Safety Overview

Consider truck drivers – hauling freight is what they do. Great training and caution are fundamental to keeping your mobile workforce safe

SCORM | Updated 10.2025

OSHA: Electrical Safety Overview

This lesson will provide an overview to prepare workers for working safely with and around electricity. However, this lesson will not address arc-flash hazards and controls, lock-out/tag-out procedures, or high voltage (220V or 440V) electrical safety.

SCORM | Updated 10.2025

OSHA: Emergency and Fire Preparedness Overview

The aim of this course is to create awareness about the dangers of fire and other emergencies, provide an overview of the requirements for emergency action and fire prevention plans, and touch on best practices for responding to alarms and practicing preparedness through drills. However, this course will not cover how to prepare for hazardous waste material emergencies or responses such as cleanup, in addition to a number of specific emergencies warranting their own courses.

SCORM | Updated 10.2025

OSHA: Hand Safety Overview

To prevent hand injuries, you need to know the hazards involved in your job and how to avoid them.

SCORM | Updated 10.2025

OSHA: Hearing Conservation Overview

It is important you understand noise hazards in your workplace. You need to have the correct hearing protections in place so that you can keep

your hearing.

SCORM | Updated 10.2025

OSHA: Industrial Ergonomics Overview

Over time, poor ergonomics can lead to cumulative traumatic musculoskeletal disorders (MSDs) which strain our bodies. Numerous good reasons exist for analyzing the ergonomic health of your workforce; musculoskeletal injuries, once developed, can take people off of the job for life.

SCORM | Updated 10.2025

OSHA: Intro to Mold and Mildew Awareness

This lesson will foster awareness of the hazards of mold and mildew and teach you how to act if the presence of, or suspected exposure to, mold has occurred.

SCORM | Updated 10.2025

OSHA: Ladder Safety Overview

Ladder Safety Overview

SCORM | Updated 10.2025

OSHA: Machine Guarding - Overview

Any machine that is not properly safeguarded can cause serious injury, such as crushed or severed fingers, hands and arms, eye injuries, and even blindness.

SCORM | Updated 10.2025

OSHA: Office Ergonomics Overview

OSHA has stated that industries with the highest musculoskeletal disorders (MSDs) rates include health care, transportation, warehousing, retail, and wholesale trade and construction. Annually, musculoskeletal disorder (MSDs) cases cause around 33% of all worker injury and illness.

SCORM | Updated 10.2025

OSHA: Respiratory Protection Overview

Annually, it is estimated that respiratory equipment prevents around 4,000 illnesses and 900 deaths.

Both on and off the job, the quality of the air we breathe has major implications for our respiratory health, which is why some regions in the United States alert local citizens when smog or air pollution reaches an unsafe level.

SCORM | Updated 10.2025

OSHA: Silica Hazards Overview

The aim of this lesson is to serve as an intro/refresher to our Silica Hazards course. This course will improve the safety of workers in environments where silica exposure hazards exist by increasing employee awareness of this hazard and exploring how the hazard can be recognized and addressed in the workplace.

SCORM | Updated 10.2025

OSHA: Tornado Preparedness

The aim of this course is to describe the hazards and warning signs of a tornado and the actions to take in the event of a tornado-related emergency.

SCORM | Updated 10.2025

OSHA Work-Related Injury and Illness Recordkeeping

Recordkeeping isn't just paperwork. It's about transparency, accountability, and using information to make workplaces safer. This course will help you understand exactly what needs to be recorded, what doesn't, how to do it correctly, and why it matters far beyond avoiding a fine.

SCORM | Updated 10.2025

OSHA Work-Related Injury and Illness Recordkeeping - Spanish

Recordkeeping isn't just paperwork. It's about transparency, accountability, and using information to make workplaces safer. This course will help you understand exactly what needs to be recorded, what doesn't, how to do it correctly, and why it matters far beyond avoiding

a fine. (Spanish Version)

SCORM | Updated 10.2025

Passenger Van Driver Safety

Passenger vans are convenient, and they're used by companies, schools, and community groups across North America but they have unique hazards, and when things go wrong, the results are often severe. This course will make sure you know how to recognize those hazards, prevent them, and keep everyone safe when driving or riding in a passenger van.

SCORM | Updated 10.2025

Passenger Van Driver Safety - Spanish

Passenger vans are convenient, and they're used by companies, schools, and community groups across North America but they have unique hazards, and when things go wrong, the results are often severe. This course will make sure you know how to recognize those hazards, prevent them, and keep everyone safe when driving or riding in a passenger van. (Spanish Version)

SCORM | Updated 10.2025

Personal Fall Arrest Systems

The goal of this course is to enable learners to recognize the hazards of falling, components of personal fall arrest systems and how they work together to arrest a fall, and how to inspect, don, and properly attach the system to an anchorage point.

SCORM | Updated 10.2025

Powered Industrial Trucks PT2 Parts and Inspections

Powered Industrial Trucks Part 2 - Parts and Inspections covers the basic parts of a powered industrial truck, the markings and labels, the controls and instruments and inspections you need to perform to stay safe when operating an

powered industrial truck.
SCORM | Updated 10.2025

Powered Industrial Trucks PT4 Workplace Hazards and Hazard Prevention

Powered Industrial Trucks Part 4 - Workplace Hazards and Hazard Prevention will cover how to recognize hazardous conditions for powered industrial truck operations as well as how to recall safe procedures for traveling on ramps and grades and around loading docks.
SCORM | Updated 10.2025

PPE - Hearing Protection

This course was designed to teach workers how to recognize, identify and describe the proper types and uses for hearing protective devices. How would your life be different without being able to hear? It is important to protect your ears from damage and pain that can change your life.
SCORM | Updated 10.2025

PPE - Personal Protective Equipment: Head Protection

If you are at risk for head injury at your workplace, you should wear the appropriate head protection. This course covers workplace head hazards, types of PPE for the head, and proper fit and care for head protection.
SCORM | Updated 10.2025

Prime Contractor Safety Training

Multi-employer worksites are common in construction, oil and gas and other types work. To manage these risks, it's customary for the owner of the site where the work is carried out to designate one contractor to serve as prime contractor in charge of overseeing and coordinating required safety measures and ensuring compliance with OHS and other applicable laws. This course will cover when a prime contractor is needed, their role, due

diligence and more.
SCORM | Updated 10.2025

Process Safety Management

The goal of the course is to provide awareness of the purpose of process safety management: to prevent unwanted releases of highly hazardous chemicals, and provide an overview of corresponding standards and best practices for process safety management.
SCORM | Updated 10.2025

Quick Course: First Aid - Chemical Burns and Liquid Gas Burns

In this quick course, you will learn first aid techniques for dealing with burns sustained from chemicals or liquid gas by yourself or coworkers while on the job.
SCORM | Updated 10.2025

Quick Course: First Aid - CPR

In this quick course, you will learn first aid techniques for administering CPR and identifying when CPR is necessary while on the job.
SCORM | Updated 10.2025

Quick Course: First Aid - Fractures

In this quick course, you will learn first aid techniques for dealing with your own and others' fractures while on the job.
SCORM | Updated 10.2025

Quick Course: First Aid - Shocks

In this quick course, you will learn first aid techniques for when you or others experience shocks while on the job.
SCORM | Updated 10.2025

Quick Course: Fundamentals of First Aid: Bleeding, Cuts, and Wounds

In this quick course, you will learn how to tend to bleeding, cuts, and wounds sustained by yourself

or coworkers on the job.
SCORM | Updated 10.2025

Radio Communications

This course includes why radio operator training is required, key operator responsibilities, prioritizing messages and approved and prohibited message content, procedures for radio messages, radio code words, and general radio communication requirements.
SCORM | Updated 10.2025

Recognizing and Preventing Abuse & Neglect for Home Health Care Workers

In this course, we'll talk about what those signs look like, what the statistics say, and how you can respond appropriately to protect vulnerable individuals.
SCORM | Updated 10.2025

REFRESHER: Cold, Flu, and Transmissible Illness Prevention

This refresher is meant to remind employees about illness transmission hazards and best practices for keeping the workplace healthy and safe.
SCORM | Updated 10.2025

REFRESHER: CPR - Cardiopulmonary Resuscitation

This lesson provides an review on how to respond to a cardiac, respiratory emergency and use an AED until professional medical help arrives. This program does not qualify for first aid or CPR certification.
SCORM | Updated 10.2025

REFRESHER: EMP - Computer Security Overview

This refresher course is meant to remind employees about best computer security practices and common security hazards.
SCORM | Updated 10.2025

REFRESHER: EMP - Violence in the Workplace Overview

This refresher will remind employees about workplace violence hazards and what to do when violence erupts.
SCORM | Updated 10.2025

REFRESHER: ENV - Environmental Management Fundamentals Overview

This refresher course will remind employees on the importance of environmental management and both the short-term and long-term hazards resulting from poor management.
SCORM | Updated 10.2025

REFRESHER: ENV - Stormwater Management Overview

In this refresher course, employees will review proper stormwater management practices and the risks posed by poor management.
SCORM | Updated 10.2025

REFRESHER: Fire Safety

The purpose of this refresher is to create awareness around the dangers of fire, fire prevention and preparedness. Including, requirements for fire prevention plans, emergency exits, and what actions to take in response to a fire alarm.
SCORM | Updated 10.2025

REFRESHER: Intro to Utility Cart Safety

In this refresher course, learners will review common risks and hazards posed by utility cart use, in addition to best practices for safety.
SCORM | Updated 10.2025

REFRESHER: Scaffold Safety

OSHA reports scaffolding accidents attribute to 9,000 injuries and 79 fatalities annually. This course provides a summary refresher on types of scaffolds, scaffold hazards, and procedures for

working on or near scaffolds.
SCORM | Updated 10.2025

REFRESHER: Violence in the Workplace

Workplace violence includes physical attacks that cause or are intended to cause injury or harm. This refresher course covers ways to help prevent workplace violence, how to respond to a violent event and what to do after an incident.
SCORM | Updated 10.2025

Right to Work - Canada

Every person employed in Canada has the right to a safe work environment. Each jurisdiction within Canada has an Occupational Health and Safety Act that is based on the internal responsibility system (IRS).
SCORM | Updated 10.2025

Safe Moving & Handling For Caregivers Video

Brand names mentioned or seen in the training materials do not constitute endorsement of the device, equipment, or product.
SCORM | Updated 10.2025

Safety Awareness

This course on safety awareness will cover the duties of a supervisor, employer and worker and why safety is such an important part of our day. It covers common workplace hazards and how to protect yourself.
SCORM | Updated 10.2025

Safety: Environment, Safety, and Health

In this course we'll review healthy behaviors to help you be more successful in your work and everyday life. We'll provide ways you can prevent physical injuries, consider environmental factors in promoting safety, and safely handle hazardous materials.
SCORM | Updated 10.2025

SAFETY TIP: Ammonia Safety

In this Safety Tip, learners will go through common ammonia uses and hazards, in addition to best practices for safety.
SCORM | Updated 10.2025

SAFETY TIP: Asbestos Exposure Prevention

Asbestos can lead to serious, damaging respiratory illnesses. Since it is used in a variety of products and materials, this safety tip will educate the learner on best strategies to prevent exposure and suitable respiratory protection.
SCORM | Updated 10.2025

SAFETY TIP: Avoiding Slipping Hazards

Slipping hazard can be a risk in any environment, in the forms of puddles, oil, ice, or slick surfaces. In this Safety Tip, learners will utilize best practices to notify others of hazards and avoiding slipping themselves.
SCORM | Updated 10.2025

SAFETY TIP: Behavior Based Safety

Safety is more than installing machine guards or using wet floor signs; it's a mentality and conscious behaviour to act safely in everything you do. In this Safety Tip, learners will discover how they can utilize behaviour-based safety in their work.
SCORM | Updated 10.2025

SAFETY TIP: Chemical Safety

In this Safety Tip, learners will identify the hazards of chemical misuse, where safety information can be found, and best practices for safety.
SCORM | Updated 10.2025

SAFETY TIP: Compressed Gas Safety

In this Safety Tip, employees will learn best practices for using compressed gases and what precautionary measures are necessary for

handling and storage.

SCORM | Updated 10.2025

SAFETY TIP: CPR Part1

As the first part of this two part Safety Tip course, learners will identify common situations requiring CPR and strategies for administering CPR.

SCORM | Updated 10.2025

SAFETY TIP: Discrimination Free Workplace

Discrimination plagues businesses across the world. It can be explicit through bullying behaviour and actions or subtle through passed promotions and rejected opinions. In this Safety Tip, learners will identify common forms of discriminations and the necessary measures for addressing it.

SCORM | Updated 10.2025

SAFETY TIP: Drug & Alcohol Free Workplace

Drugs and alcohol can be a prevalent problem in any workplace. More than the use of potent narcotics, alcohol and less serious substance abuse affect workplaces everywhere. In this Safety Tip course, learners will identify common signs of substance use and best practices for reporting and safety.

SCORM | Updated 10.2025

SAFETY TIP: Emergency Response

Keeping a cool head in an emergency and acting appropriately is vital in saving lives and preventing injuries. In this Safety Tip course, learners will discover what they can do to protect themselves and others.

SCORM | Updated 10.2025

SAFETY TIP: Eye Protection

Loss of eyesight can be a jarring change for anyone. In this Safety Tip course, employees will identify common eye damaging hazards and will learn the importance of eye protection.

SCORM | Updated 10.2025

SAFETY TIP: Fall Protection and Prevention

In this Safety Tip course, employees will identify common fall hazards and learn best practices for preventing falls and resulting injuries.

SCORM | Updated 10.2025

SAFETY TIP: First Aid Preparation

In this Safety Tip course, learners will see the importance of first aid and learn best practices for preparing to perform first aid.

SCORM | Updated 10.2025

SAFETY TIP: Halloween Safety

In this Safety Tip course, employees will learn about the recent "creepy clown" phenomenon and will see rumors and dangers evaluated.

SCORM | Updated 10.2025

SAFETY TIP: Hard Hat Safety

Your head is important! That's why wearing a hard hat is required; to protect yourself and cognitive functioning. In this Safety Tip course, employees will learn about common head hazards and how hard hats can protect them everyday.

SCORM | Updated 10.2025

SAFETY TIP: Heat Stress Prevention

Heat stress is not only a risk in outdoor environments, but can easily occur in indoor environments as well. In this Safety Tip course, employees will learn best practices for preventing heat stress while on the job.

SCORM | Updated 10.2025

SAFETY TIP: How To Use A Fire Extinguisher

Fires devastate businesses every year, and improper fire extinguisher use can allow fires to spread and consume. In this Safety Tip course, employees will learn how to properly use a fire extinguisher for maximum effectiveness.

SCORM | Updated 10.2025

SAFETY TIP: Incident Investigation Part 1

In this Safety Tip course, employees will be introduced to incident investigation concepts and purposes.

SCORM | Updated 10.2025

SAFETY TIP: Ladder Safety

Ladders not only introduce fall risks, but can fall and hit people or collapse under weight. In this Safety Tip course, employees will learn about the hazards ladders pose and how to use them safely.

SCORM | Updated 10.2025

SAFETY TIP: Lifting Safety

An improper lift can lead to painful back, leg, and arm injuries. Regular poor lifting technique can lead to long term injuries and wear and tear on joints and muscles. In this Safety Tip course, employees will learn strategies to lift safely and preserve their health.

SCORM | Updated 10.2025

SAFETY TIP: Machine Guarding

In this Safety Tip course, employees will learn about the importance of machine guards, how to properly use them, and how to flag defective guards before they cause problems.

SCORM | Updated 10.2025

SAFETY TIP: Respiratory Protection

Respiratory protection plays a crucial role in the survival and wellbeing of employees. In this Safety Tip course, employees will identify common respiratory hazards and learn what respiratory is necessary for different hazards.

SCORM | Updated 10.2025

SAFETY TIP: Safe Operation of Chainsaws

Chainsaws, while incredibly useful, are the cause of horror movie style injuries. In this Safety Tip course, employees will learn about the hazards posed by chainsaws and safe practices for their

operation.

SCORM | Updated 10.2025

SAFETY TIP: Slips, Trips & Falls in the Winter

Slips, trips, and falls only get more likely during the winter months due to snow, ice, and fog. In this Safety Tip course, employees will identify winter-specific slip, trip, and fall hazards and learn best practices to ensure their safety.

SCORM | Updated 10.2025

SAFETY TIP: Steps to Prevent Eye Strain

Eye strain is a common symptom of staring at computer screen, long drives, or brightly lit areas. In this Safety Tip course, employees will learn strategies to reduce eye strain and maintain the health of their eyes.

SCORM | Updated 10.2025

SAFETY TIP: Understanding GHS Labels

GHS labels detail important information on the proper use of chemicals and the hazards they pose. In this Safety Tip course, employees will learn how to understand GHS labels and what to do if they are missing or illegible.

SCORM | Updated 10.2025

Seasonal Safety - Winter

Winter season can be cold and expose outdoor workers to hazards such as dangerous road conditions, and extreme cold temperatures. This course will demonstrate how to stay safe in the winter.

SCORM | Updated 10.2025

Sexual Harassment for Managers

This course will help managers identify company and managerial responsibilities regarding sexual harassment, recognize harassing behaviors and examples of retaliation, ways to prevent sexual harassment and what to do if it occurs.

SCORM | Updated 10.2025

Sharps Safety

This course will cover sharp safety including what a sharp is, the risk of handling sharps, ways to protect yourself and what to do if you've been pricked or cut by a sharp.

SCORM | Updated 10.2025

Site Safety Inspections - Construction

Keeping construction sites safe is incredibly important. In this course, we'll explain why safety inspections on construction sites are crucial, and why they should not be seen as a burden or just a formality. The benefits of these safety checks are huge, and they don't only affect the workers' safety.

SCORM | Updated 10.2025

Skid Steer Safety - Part 02 - Safe Operation

Part two of this four-part series will cover safe operation of a skid steer including inspection, start up and shut down and how to avoid dangerous crushing and rollovers.

SCORM | Updated 10.2025

Skid Steer Safety - Part 04 - Communication

The final part of this four-part series will cover the importance of communication when operating and working around a skid steer including signals and signs.

SCORM | Updated 10.2025

Smoke Free - Ontario

This course covers the basics about the Smoke Free Act in Ontario, and includes regulations on where smoking is prohibited and what is included under the Smoke Free Act.

SCORM | Updated 10.2025

SUPERVISOR SAFETY TIP: Bandsaw Guarding

Bandsaw are a useful but dangerous tool. In this Safety Tip, learners will discover the necessary precautions for bandsaw guarding and safety.

SCORM | Updated 10.2025

SUPERVISOR SAFETY TIP: Compressed Gas Cylinders

Compressed gas cylinders pose a variety of hazards and are easy to confuse by cylinder shape and colour. In this Safety Tip, learners will identify common mistakes and learn best practices for storage, handling, and usage.

SCORM | Updated 10.2025

SUPERVISOR SAFETY TIP: Electrical Panel Clearance

In this Safety Tip course, learners will identify the risks of failing to obtain electrical panel clearance and what clearance requires.

SCORM | Updated 10.2025

SUPERVISOR SAFETY TIP: Exit Inspections

In this Safety Tip course, employees will learn the importance of exit inspections and the necessary measures for ensuring safety after a task or day is done.

SCORM | Updated 10.2025

SUPERVISOR SAFETY TIP: Eye Wash Station Safety

In this Safety Tip course, employees will learn when they need to use an eye wash station and how to do so safely and effectively.

SCORM | Updated 10.2025

SUPERVISOR SAFETY TIP: Flammable Liquid Storage

Fires and explosions are some of the most common and disastrous events that can happen in a workplace. In this Safety Tip course, employees will learn best practices for flammable liquid handling and storage to reduce the risk of fires and explosions.

SCORM | Updated 10.2025

SUPERVISOR SAFETY TIP: Fume Hood

Fume hoods are a vital tool to protect workers from toxic gases and dangerous chemicals. In

this course, employees will learn how to use fume hoods properly and safely.
SCORM | Updated 10.2025

SUPERVISOR SAFETY TIP: Improper use of Breaker Panels

In this Safety Tip course, employees will learn about the hazards associated with improper use of breaker panels and how to properly use them.
SCORM | Updated 10.2025

SUPERVISOR SAFETY TIP: Lockout Tagout

In this Safety Tip course, employees will learn about the importance of a lockout tagout program, what it entails, and how it protects everyone while on the job.
SCORM | Updated 10.2025

SUPERVISOR SAFETY TIP: Working In and Around Water

In this Safety Tip course, employees will learn about the hazards bodies of water pose and how to safely work in or around water.
SCORM | Updated 10.2025

Telehandlers: Safe Operation-Construction Safety Video

The Telehandler is a versatile piece of equipment found on most every job site. These unique machines can lift up to 10,000 loads and extend outwards 30 to 40 feet. Because of the size and power of this machine the safety and training of for this equipment is very important.
SCORM | Updated 10.2025

The Aging Workforce: Employee Training - (10 min.)

This program will help older workers define their unique place in today's workforce by teaching them to recognize their strengths and capitalize on the experience they bring to their job. Limitations of older workers are also addressed in addition to steps that can be taken to increase

productivity.
SCORM | Updated 10.2025

Toxic Mold: The Facts Safety Video

Toxic mold is a serious problem that makes headlines due to it's dangerous nature. But not all information about Toxic Mold is accurate. This video takes the mystery out of this sensitive subject and informs viewers of exactly what toxic mold is, the hazards involved and some possible solutions.
SCORM | Updated 10.2025

Valuing Diversity at Work

True inclusion can only exist when people in the workplace feel free to be themselves. Everybody's opinions, abilities and contributions must not only be tolerated, but also valued so that all employees have the opportunity to maximize their potential. This course will cover the importance of diversity at your workplace.
SCORM | Updated 10.2025

Wildlife Awareness Training

In this course you will learn about wildlife awareness including: Poisonous Plants, Insects and Spiders, Snakes, Disease from Animals, Small Animals, Large Animals, How Drivers Can Reduce the Chances of Having a Wildlife Vehicle Collision.
SCORM | Updated 10.2025

Worker Safety and Health Awareness - Canada

This course explains worker rights and responsibilities on the job and covers what is expected from employers, supervisors and workers under Occupational Health and Safety regulations.
SCORM | Updated 10.2025

Working Ergonomically Safety Video

This video addresses how to recognize ergonomic problems and the potential of adverse

effects. It introduces some practical solutions employees can use to help deal with ergonomic problems in the office. Topics covered include physiology of the body, parts of the body most affected, eye strain, pragmatic preventative measures, correct use of office equipment, exercises and stress release and more.
SCORM | Updated 10.2025

Workplace Housekeeping

Effective housekeeping can help control or eliminate workplace hazards. This course will cover why it's important to pay attention to housekeeping at work, benefits of good housekeeping and elements of an effective housekeeping program.
SCORM | Updated 10.2025

Workplace Violence and Harassment Prevention - Ontario

This course, specific to Ontario, covers the definition of workplace violence and harassment, how to recognize examples of violence and harassment, the effects of violence and harassment, the responsibilities of workplace parties related to violence and harassment and more.
SCORM | Updated 10.2025

Workplace Violence and Prevention - NY Employees

According to the Occupational Safety and Health Administration, workplace violence is the second leading cause of fatal workplace injuries in the United States, affecting almost 2 million American workers every year. This course will cover general risk factors for violence at work and for your own workplace and type of work you do, the four main types of workplace violence, how to identify and respond to early warning signs of potentially violent behavior or violent situations and how to recall ways to manage a hostile or violent person or situation.
SCORM | Updated 10.2025

Work Refusals - COVID-19

This course covers your responsibilities when it comes to refusing work due to COVID-19 infection. It covers legal obligations and other information including information on encounters between the employee and employer and other personal circumstances that may be involved in the refusal.
SCORM | Updated 10.2025